

Stratification Table Flowers

Disclaimer: Information from websites varies and may not be accurate. Always check the plant is suitable for Zone 4 Canada (Zone 3 U.S).

<input type="checkbox"/>	plant name	cold stratify?	light?	scarify?	days to strat	days to germinate	How many weeks before last frost to sow seeds after cold Strat if necessary
1	Alyssum		✓			7	6
2	Ammobium/Everlasting		✓		0		6
3	Anemone	✓	✓		60	28	6
4	Aster	✓			28	16	7
5	Astilbe	✓			28	28	8
6	Basalmroot (Arrowleaf)	✓			90	21	10
7	Bellflower	✓	✓		28	16	10
8	Billy Buttons		✓		0	16	6
9	Bleeding Heart	✓			35	21	12
10	Blue Vervain	✓	✓		30	30	12
11	Butterfly Bush	✓	✓		28	14	9
12	Butterfly Weed (Asclepias)	✓			28	50	14
13	Camas	✓	✓		90	30	14
14	Celosia		✓		0		7
15	Chelone	✓	✓		100	28	14
16	Clematis	✓	✓		21	24	8
17	Columbine	✓	✓		28	21	6
18	Erigeron spp (Native wild daisies)	✓			115	21	12
19	Eucalyptus (Alpine varieties only)	✓	✓		32	16	12
20	Flax (perennial)	✓	✓		32	25	8
21	Gaillardia (Blanketflower)	✓			30	14	7
22	Gilia	✓			30	21	8
23	Globe Thistle		✓		14		8
24	Goat's Beard	✓	✓		28	28	8
25	Golden Alexander	✓			60	14	12
26	Heather	✓	✓		60	30	12
27	Helichrysum Strawflower		✓		0		7
28	Hollyhock	✓	✓		14	12	6
29	Hosta	✓	✓		28	28	
30	Jacob's Ladder	✓			60	14	10
31	Joe Pye Weed	✓	✓		30	18	8
32	Lobelia	✓	✓		28	28	11
33	Lunaria Money Plant	✓			60	12	7
34	Milkweed	✓			60	10	6
35	Nigella	✓	✓		21	7	5
36	Pampas		✓		0		5
37	Passionflower - soak 12 hrs warm, then stratify	✓			30	14	8
38	Pearly Everlasting	✓			30	7	6
39	Penstemon				75	18	8
40	Phacelia, Shade & Varileaf (not the common garden co...	✓			30	30	8
41	Poppies	✓	✓		15	7	5
42	Primrose	✓	✓		28	21	9
43	Rocky Mountain Bee Plant	✓	✓		30	15	6
44	Rose (Rugosa)	✓	✓	✓	60	14	12
45	Rose (Wild)	✓	✓	✓	90	14	12
46	Rose Checkermallow				60	14	16
47	Rudebekia - 1 day fridge, 1 day freezer for a week	✓			1	14	5
48	Salvia		✓				
49	Scabiosa		✓		0		7
50	Sea Holly	✓	✓		28	14	11
51	Snapdragon	✓	✓		7	12	9
52	Spirea (Douglas, Subalpine)	✓			45	30	12
53	Violet (Sweet) *70 deg for 14 days then strat				28	28	12
54	Weld		✓				8